



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Heise, Ralf

Club: sc impuls erfurt

Number: 69

Course: 10.00 km

City-Lauf

Category:

Männer M30

Total time: 48:59

Speed: 12.25 km/h

Running performance: 4:54 min/km

Rank in course/Total: 89 (of 212)

Rank in course/Men: 80 (of 170)

Best time in course: 32:36

Rank in category: 8(of 9)

Best time in the category: 32:36