



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Ludwig, Frank

Club: Team Deura-Haus

Number: 1849

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 51:38

Speed: 11.62 km/h

Running performance: 5:10 min/km

Rank in course/Total: 121 (of 212)

Rank in course/Men: 110 (of 170)

Best time in course: 32:36

Rank in category: 22(of 39)

Best time in the category: 39:29