



# dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

## Detailed evaluation

**Hölzer, Heiko**

Club: Gotha

Number: 72

Course: 10.00 km

City-Lauf

Category:

Männer M30

Total time: 52:10

Speed: 11.50 km/h

Running performance: 5:13 min/km

Rank in course/Total: 124 (of 212)

Rank in course/Men: 113 (of 170)

Best time in course: 32:36

Rank in category: 9(of 9)

Best time in the category: 32:36