



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Lier, Gerd

Club: gü-we läufer

Number: 97

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 52:31

Speed: 11.42 km/h

Running performance: 5:15 min/km

Rank in course/Total: 128 (of 212)

Rank in course/Men: 117 (of 170)

Best time in course: 32:36

Rank in category: 25(of 39)

Best time in the category: 39:29