



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

haferanke, manfred

Club: lauffreunde gotha

Number: 65

Course: 10.00 km

City-Lauf

Category:

Männer M60

Total time: 53:39

Speed: 11.18 km/h

Running performance: 5:22 min/km

Rank in course/Total: 145 (of 212)

Rank in course/Men: 131 (of 170)

Best time in course: 32:36

Rank in category: 8(of 12)

Best time in the category: 38:24