



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Loch, Thomas

Club: Tischlerei Loch

Number: 1971

Course: 10.00 km

City-Lauf

Category:

Männer M40

Total time: 55:20

Speed: 10.84 km/h

Running performance: 5:32 min/km

Rank in course/Total: 155 (of 212)

Rank in course/Men: 140 (of 170)

Best time in course: 32:36

Rank in category: 24(of 28)

Best time in the category: 40:55