



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Lauterbach, Ulrich

Club: Erfurt

Number: 90

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 55:34

Speed: 10.80 km/h

Running performance: 5:34 min/km

Rank in course/Total: 157 (of 212)

Rank in course/Men: 141 (of 170)

Best time in course: 32:36

Rank in category: 33(of 39)

Best time in the category: 39:29