



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf
Gotha / 25.04.2010

Detailed evaluation

Lauenstein, Louis

Club: AKTIV Emleben
Number: 401

Course: 2.30 km
Schülerlauf lang

Category:
männlich, AK 12

Total time: 11:32

Speed: 10.40 km/h
Running performance: 5:01 min/km

Rank in course/Total: 62 (of 333)

Rank in course/Men: 53 (of 168)

Best time in course: 8:15

Rank in category: 12(of 57)

Best time in the category: 10:16