



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Wittenberg, Uwe

Club: Gotha

Number: 1842

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 56:48

Speed: 10.56 km/h

Running performance: 5:41 min/km

Rank in course/Total: 165 (of 212)

Rank in course/Men: 146 (of 170)

Best time in course: 32:36

Rank in category: 36(of 39)

Best time in the category: 39:29