



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Knoll, Michael

Club: LG Bad Frankenhausen / Göllingen

Number: 1904

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 57:18

Speed: 10.47 km/h

Running performance: 5:44 min/km

Rank in course/Total: 167 (of 212)

Rank in course/Men: 147 (of 170)

Best time in course: 32:36

Rank in category: 37(of 39)

Best time in the category: 39:29