



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Henkel, Uwe

Club: SV Thuringia Königsee

Number: 1956

Course: 10.00 km

City-Lauf

Category:

Männer M55

Total time: 57:41

Speed: 10.40 km/h

Running performance: 5:46 min/km

Rank in course/Total: 172 (of 212)

Rank in course/Men: 150 (of 170)

Best time in course: 32:36

Rank in category: 8(of 10)

Best time in the category: 40:12