



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Stephan, Michael

Club: FSV 1986 Bad Langensalza

Number: 125

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 59:13

Speed: 10.13 km/h

Running performance: 5:55 min/km

Rank in course/Total: 179 (of 212)

Rank in course/Men: 155 (of 170)

Best time in course: 32:36

Rank in category: 39(of 39)

Best time in the category: 39:29