



# dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

## Detailed evaluation

**Metz, Egon**

Club: Spargelläufer Herbsleben

Number: 103

Course: 10.00 km

City-Lauf

Category:

Männer M60

Total time: 1:01:52

Speed: 9.70 km/h

Running performance: 6:11 min/km

Rank in course/Total: 186 (of 212)

Rank in course/Men: 158 (of 170)

Best time in course: 32:36

Rank in category: 12(of 12)

Best time in the category: 38:24