



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg

Number: 147

Course: 10.00 km

City-Lauf

Category:

Männer M40

Total time: 1:01:52

Speed: 9.70 km/h

Running performance: 6:11 min/km

Rank in course/Total: 187 (of 212)

Rank in course/Men: 159 (of 170)

Best time in course: 32:36

Rank in category: 26(of 28)

Best time in the category: 40:55