



# dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

## Detailed evaluation

**Helbig, Katrin**

Club: SV Thuringia Königsee

Number: 1958

Course: 10.00 km

City-Lauf

Category:

Frauen W40

Total time: 1:02:14

Speed: 9.64 km/h

Running performance: 6:13 min/km

Rank in course/Total: 192 (of 212)

Rank in course/Women: 32 (of 42)

Best time in course: 37:17

Rank in category: 10(of 11)

Best time in the category: 40:14