



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf  
Gotha / 25.04.2010

Detailed evaluation

**Meister, Frank**

Club: Lauffreunde Gotha  
Number: 1932

Course: 10.00 km  
City-Lauf

Category:  
Männer M45

Total time: 39:29

Speed: 15.20 km/h  
Running performance: 3:57 min/km

Rank in course/Total: 20 (of 212)

Rank in course/Men: 17 (of 170)

Best time in course: 32:36

Rank in category: 1(of 39)

Best time in the category: 39:29