



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Mühlhaus, Helmut

Club: Rennsteiglaufverein

Number: 105

Course: 10.00 km

City-Lauf

Category:

Männer M75

Total time: 1:07:28

Speed: 8.89 km/h

Running performance: 6:45 min/km

Rank in course/Total: 203 (of 212)

Rank in course/Men: 165 (of 170)

Best time in course: 32:36

Rank in category: 5(of 6)

Best time in the category: 58:03