



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Beck, Ronald

Club: Naturfreunde Gotha

Number: 37

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 43:19

Speed: 13.85 km/h

Running performance: 4:20 min/km

Rank in course/Total: 40 (of 212)

Rank in course/Men: 36 (of 170)

Best time in course: 32:36

Rank in category: 6(of 39)

Best time in the category: 39:29