



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Wernecke, Karl-Ernst

Club: VFL 28 Ellrich

Number: 139

Course: 10.00 km

City-Lauf

Category:

Männer M55

Total time: 43:46

Speed: 13.71 km/h

Running performance: 4:23 min/km

Rank in course/Total: 42 (of 212)

Rank in course/Men: 38 (of 170)

Best time in course: 32:36

Rank in category: 2(of 10)

Best time in the category: 40:12