



## 2. Bad Harzburger MTB Marathon

Bad Harzburg / 25.04.2010

### Detailed evaluation

Helmker, Frank

Club: Focus Bad Salzdetfurth racing

Number: 3146

Course: 51.00 km

Hauptrennen Harzer MTB-Cup - 3 Runden

Category:

Senioren

Total time: 2:50:48

Speed: 17.92 km/h

Rank in course/Total: 36 (of 164)

Rank in course/Men: 36 (of 157)

Best time in course: 2:15:54

Rank in category: 6(of 59)

Best time in the category: 2:42:28

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	11.60	41:57	15.73	8	4:37	44	8:08	11.60	41:57	15.73	36			43	1:36
Lap 2	17.00	57:15	17.82	7	6:20	48	11:29	28.60	1:39:12	16.94	36			43	4:00
Lap 3	17.00	58:31	17.43	5	2:17	31	12:28	45.60	2:37:43	17.12	33			36	31:51
Last lap Finish	5.40	13:05	22.93	7	0:55	35	12:51	51.00	2:50:48	17.92	9	2:13:23		53	2:13:23