



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Bänsch, Luklas

Club: LSV LOK Arnstadt

Number: 104

Course: 1.20 km

Schüler- und Jedermannlauf

Category:

AK 8 männlich

Total time: 7:32

Speed: 7.96 km/h

Running performance: 6:17 min/km

Rank in course/Total: 84 (of 125)

Rank in course/Men: 55 (of 72)

Best time in course: 5:18

Rank in category: 10(of 21)

Best time in the category: 6:06