



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Widder, Simone

Club: Arnstadt

Number: 224

Course: 1.20 km

Schüler- und Jedermannlauf

Category:

Jedermannklasse weibl.

Total time: 19:29

Speed: 3.08 km/h

Running performance: 16:14 min/km

Rank in course/Total: 122 (of 125)

Rank in course/Women: 50 (of 53)

Best time in course: 5:39

Rank in category: 4(of 6)

Best time in the category: 5:56