



## 32. Alteburglauf 2010

Arnstadt / 30.04.2010

### Detailed evaluation

**Bänsch, Philipp**

Club: LSV LOK Arnstadt

Number: 92

Course: 3.50 km

Jugendlauf

Category:

AK 14 männlich

Total time: 16:09

Speed: 11.15 km/h

Running performance: 4:37 min/km

Rank in course/Total: 4 (of 13)

Rank in course/Men: 2 (of 7)

Best time in course: 15:12

Rank in category: 1(of 4)

Best time in the category: 16:09