



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Henkel, Caroline

Club: Katholische Laufjugend Arnstadt

Number: 85

Course: 3.50 km

Jugendlauf

Category:

AK 14 weiblich

Total time: 17:12

Speed: 12.21 km/h

Running performance: 4:55 min/km

Rank in course/Total: 9 (of 13)

Rank in course/Women: 4 (of 6)

Best time in course: 15:34

Rank in category: 2(of 3)

Best time in the category: 15:57