



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Bähr, Lena

Club: Traktor Rehestädt

Number: 245

Course: 3.50 km

Jugendlauf

Category:

weibliche Jugend B

Total time: 17:46

Speed: 10.13 km/h

Running performance: 5:05 min/km

Rank in course/Total: 10 (of 13)

Rank in course/Women: 5 (of 6)

Best time in course: 15:34

Rank in category: 3(of 3)

Best time in the category: 15:34