



## 32. Alteburglauf 2010

Arnstadt / 30.04.2010

### Detailed evaluation

**Föt, Sören**

Club: Sportteam STEINBACH Meiningen

Number: 12

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 35:59

Speed: 16.67 km/h

Running performance: 3:36 min/km

Rank in course/Total: 2 (of 112)

Rank in course/Men: 2 (of 87)

Best time in course: 33:04

Rank in category: 2(of 19)

Best time in the category: 33:04