



## 32. Alteburglauf 2010

Arnstadt / 30.04.2010

### Detailed evaluation

**Senz, Stefan**

Club: LSV LOK Arnstadt

Number: 54

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 38:01

Speed: 15.78 km/h

Running performance: 3:48 min/km

Rank in course/Total: 5 (of 112)

Rank in course/Men: 5 (of 87)

Best time in course: 33:04

Rank in category: 4(of 19)

Best time in the category: 33:04