



## 32. Alteburglauf 2010

Arnstadt / 30.04.2010

### Detailed evaluation

#### Seckel, Tony

Club: Laufteam Erfurt

Number: 273

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 39:13

Speed: 15.30 km/h

Running performance: 3:55 min/km

Rank in course/Total: 7 (of 112)

Rank in course/Men: 7 (of 87)

Best time in course: 33:04

Rank in category: 5(of 19)

Best time in the category: 33:04