



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Herrmann, Michael

Club: sc impuls

Number: 25

Course: 10.00 km

Hauptlauf

Category:

Männer M55

Total time: 39:38

Speed: 15.14 km/h

Running performance: 3:58 min/km

Rank in course/Total: 8 (of 112)

Rank in course/Men: 8 (of 87)

Best time in course: 33:04

Rank in category: 1(of 9)

Best time in the category: 39:38