



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Esche, Christian

Club: Arnstadt

Number: 66

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 41:19

Speed: 14.52 km/h

Running performance: 4:08 min/km

Rank in course/Total: 12 (of 112)

Rank in course/Men: 12 (of 87)

Best time in course: 33:04

Rank in category: 7(of 19)

Best time in the category: 33:04