



## 32. Alteburglauf 2010

Arnstadt / 30.04.2010

### Detailed evaluation

**Henkel, Tobias**

Club: SV Thuringia Königsee

Number: 21

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 41:32

Speed: 14.45 km/h

Running performance: 4:09 min/km

Rank in course/Total: 13 (of 112)

Rank in course/Men: 13 (of 87)

Best time in course: 33:04

Rank in category: 8(of 19)

Best time in the category: 33:04