



32. Alteburglauf 2010  
Arnstadt / 30.04.2010

## Detailed evaluation

**Smeibidl, Frank**

Club: ASV Erfurt  
Number: 262

Course: 10.00 km  
Hauptlauf

Category:  
Männer M30

Total time: 42:24

Speed: 14.15 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 17 (of 112)

Rank in course/Men: 17 (of 87)

Best time in course: 33:04

Rank in category: 1(of 6)

Best time in the category: 42:24