



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Kohl, Veit

Club: PFC Ilmenau

Number: 277

Course: 10.00 km

Hauptlauf

Category:

Männer M40

Total time: 42:32

Speed: 14.11 km/h

Running performance: 4:15 min/km

Rank in course/Total: 19 (of 112)

Rank in course/Men: 19 (of 87)

Best time in course: 33:04

Rank in category: 3(of 14)

Best time in the category: 36:19