



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Wächter, Hartmut

Club: LSV LOK Arnstadt

Number: 81

Course: 10.00 km

Hauptlauf

Category:

Männer M55

Total time: 45:05

Speed: 13.31 km/h

Running performance: 4:31 min/km

Rank in course/Total: 27 (of 112)

Rank in course/Men: 26 (of 87)

Best time in course: 33:04

Rank in category: 2(of 9)

Best time in the category: 39:38