



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Smeibidl, Reinhard

Club: sc impuls Erfurt

Number: 261

Course: 10.00 km

Hauptlauf

Category:

Männer M55

Total time: 46:00

Speed: 13.04 km/h

Running performance: 4:36 min/km

Rank in course/Total: 33 (of 112)

Rank in course/Men: 32 (of 87)

Best time in course: 33:04

Rank in category: 3(of 9)

Best time in the category: 39:38