



## 32. Alteburglauf 2010

Arnstadt / 30.04.2010

### Detailed evaluation

**Kobel, Jan**

Club: Arnstadt

Number: 255

Course: 10.00 km

Hauptlauf

Category:

Männer M50

Total time: 46:06

Speed: 13.02 km/h

Running performance: 4:37 min/km

Rank in course/Total: 34 (of 112)

Rank in course/Men: 33 (of 87)

Best time in course: 33:04

Rank in category: 2(of 7)

Best time in the category: 42:08