



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Neumann, Norman

Club: LSV LOK Arnstadt

Number: 73

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 47:29

Speed: 12.64 km/h

Running performance: 4:45 min/km

Rank in course/Total: 38 (of 112)

Rank in course/Men: 37 (of 87)

Best time in course: 33:04

Rank in category: 15(of 19)

Best time in the category: 33:04