



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Höpfner, Thomas

Club: RSV Ilmenau

Number: 26

Course: 10.00 km

Hauptlauf

Category:

Männer M55

Total time: 47:32

Speed: 12.62 km/h

Running performance: 4:45 min/km

Rank in course/Total: 39 (of 112)

Rank in course/Men: 38 (of 87)

Best time in course: 33:04

Rank in category: 4(of 9)

Best time in the category: 39:38