



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Wilinski, Axel

Club: SV Ilmtal Manebach

Number: 58

Course: 10.00 km

Hauptlauf

Category:

Männer M40

Total time: 48:14

Speed: 12.44 km/h

Running performance: 4:49 min/km

Rank in course/Total: 46 (of 112)

Rank in course/Men: 45 (of 87)

Best time in course: 33:04

Rank in category: 6(of 14)

Best time in the category: 36:19