



32. Alteburglauf 2010  
Arnstadt / 30.04.2010

Detailed evaluation

Görlich, Lydia

Club: SG Motor Arnstadt/ LA  
Number: 137

Course: 1.20 km  
Schüler- und Jedermannlauf

Category:  
AK 11 weiblich

Total time: 7:00

Speed: 10.29 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 64 (of 125)

Rank in course/Women: 20 (of 53)

Best time in course: 5:39

Rank in category: 5(of 8)

Best time in the category: 5:43