



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Fleischer, Heimbert

Club: Kathol. Laufjugend Arnstadt

Number: 265

Course: 10.00 km

Hauptlauf

Category:

Männer M50

Total time: 50:27

Speed: 11.89 km/h

Running performance: 5:02 min/km

Rank in course/Total: 66 (of 112)

Rank in course/Men: 59 (of 87)

Best time in course: 33:04

Rank in category: 3(of 7)

Best time in the category: 42:08