



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Jäger, Ute

Club: Plaue

Number: 29

Course: 10.00 km

Hauptlauf

Category:

Frauen W45

Total time: 50:49

Speed: 11.81 km/h

Running performance: 5:05 min/km

Rank in course/Total: 68 (of 112)

Rank in course/Women: 9 (of 25)

Best time in course: 44:47

Rank in category: 5(of 6)

Best time in the category: 44:47