



## 32. Alteburglauf 2010

Arnstadt / 30.04.2010

### Detailed evaluation

**Hahnemann, Norbert**

Club: SG Motor Arnstadt

Number: 17

Course: 10.00 km

Hauptlauf

Category:

Männer M50

Total time: 51:15

Speed: 11.71 km/h

Running performance: 5:07 min/km

Rank in course/Total: 70 (of 112)

Rank in course/Men: 61 (of 87)

Best time in course: 33:04

Rank in category: 4(of 7)

Best time in the category: 42:08