



## 32. Alteburglauf 2010

Arnstadt / 30.04.2010

### Detailed evaluation

**Amarell, Ludwig**

Club: Rennsteiglaufverein LG Süd

Number: 254

Course: 10.00 km

Hauptlauf

Category:

Männer M75

Total time: 51:19

Speed: 11.69 km/h

Running performance: 5:08 min/km

Rank in course/Total: 71 (of 112)

Rank in course/Men: 62 (of 87)

Best time in course: 33:04

Rank in category: 1(of 1)

Best time in the category: 51:19