



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Zelle, Monique

Club: Dream Team Ilmenau

Number: 59

Course: 10.00 km

Hauptlauf

Category:

Frauen W40

Total time: 51:21

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 72 (of 112)

Rank in course/Women: 10 (of 25)

Best time in course: 44:47

Rank in category: 2(of 5)

Best time in the category: 49:02