



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Bähr, Thomas

Club: Traktor Rehestädt

Number: 284

Course: 10.00 km

Hauptlauf

Category:

Männer M45

Total time: 51:27

Speed: 11.66 km/h

Running performance: 5:08 min/km

Rank in course/Total: 73 (of 112)

Rank in course/Men: 63 (of 87)

Best time in course: 33:04

Rank in category: 11(of 13)

Best time in the category: 42:26