



32. Alteburglauf 2010
Arnstadt / 30.04.2010

Detailed evaluation

Hochsattel, Hans-Jörg

Club: Spitzensalat des WSV Ilmenau
Number: 289

Course: 10.00 km

Hauptlauf

Category:

Männer M50

Total time: 51:28

Speed: 11.66 km/h

Running performance: 5:09 min/km

Rank in course/Total: 76 (of 112)

Rank in course/Men: 66 (of 87)

Best time in course: 33:04

Rank in category: 5(of 7)

Best time in the category: 42:08