



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Dehmel, Gerhard

Club: ThWV Ilmenau

Number: 8

Course: 10.00 km

Hauptlauf

Category:

Männer M70

Total time: 51:56

Speed: 11.55 km/h

Running performance: 5:11 min/km

Rank in course/Total: 77 (of 112)

Rank in course/Men: 67 (of 87)

Best time in course: 33:04

Rank in category: 1(of 1)

Best time in the category: 51:56