



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Ziegenbein, Wulf

Club: Eintracht Osterburg

Number: 281

Course: 10.00 km

Hauptlauf

Category:

Männer M65

Total time: 52:56

Speed: 11.34 km/h

Running performance: 5:17 min/km

Rank in course/Total: 82 (of 112)

Rank in course/Men: 71 (of 87)

Best time in course: 33:04

Rank in category: 2(of 4)

Best time in the category: 48:05