



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Preuße, Jürgen

Club: Dynamo Arnstadt

Number: 43

Course: 10.00 km

Hauptlauf

Category:

Männer M55

Total time: 53:19

Speed: 11.25 km/h

Running performance: 5:20 min/km

Rank in course/Total: 84 (of 112)

Rank in course/Men: 72 (of 87)

Best time in course: 33:04

Rank in category: 5(of 9)

Best time in the category: 39:38